

# The Boston Globe

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The Boston Globe

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## Your Weekend

# Sidekick

Your Guide  
to a  
Better Day

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### QUICK PICKS

By Meredith Goldstein

#### Signing

Baltimore legend **Cal Ripken** visits Barnes & Noble in the Prudential Center today to sign copies of "Get in the Game," his self-help book about how to be an effective human. The book tells you how to have good relationships, how to enjoy what you do for a living, and how to anticipate your future. Our suspicion that Cal Ripken is smarter than us has been confirmed. He'll be there at 2. *Barnes & Noble*: 800 Boylston St., 617-247-6959. [prudentialcenter.com](http://prudentialcenter.com)

#### Guitar

Even little ones can get something out of the Premier Guitar Festivals event at the Bayside Expo Center today. From 1:15 to 2 p.m., Jesse Cervantes will lead "Little Kids Rock," a session for children interested in developing their rock star (and music) skills. The festival will loan your child an instrument during the session, so no need to bring one. Grown-ups should be able to keep themselves busy with live performances and adult clinics. Tickets: \$20 to \$45. *Bayside Expo Center*, 200 Mt. Vernon St., 617-474-6000. [premierguitarfestivals.com](http://premierguitarfestivals.com)



### BEER

## Mmmmm... beer

Jamaica Plain brewery Samuel Adams hosts day two of its **7th Annual OctoberFest** at the Castle at Park Plaza from noon to 10 p.m. For \$15, you get a complimentary beer stein, one free pint of beer, and access to more beer and German snacks such as bratwurst and strudel. The brew menu includes your basic Sam Adams, as well as some special blends like Dunkelweiss, a dark beer that supposedly smells of clove, nutmeg, tropical fruits, and bananas. Perfect with sauerkraut. *The Castle*, 64 Arlington St. [beersummit.com](http://beersummit.com)

**PAN**  
communications